

# The role of livestock in food and nutrition security

*By Jimmy Smith*

University of Florida Global Nutrition Symposium

‘Nurturing development:  
Improving human nutrition with animal-source foods’

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# Overview

Livestock and global food security

Issues of food security and nutrition

Multiple roles of livestock

Complexities and trade-offs for the future



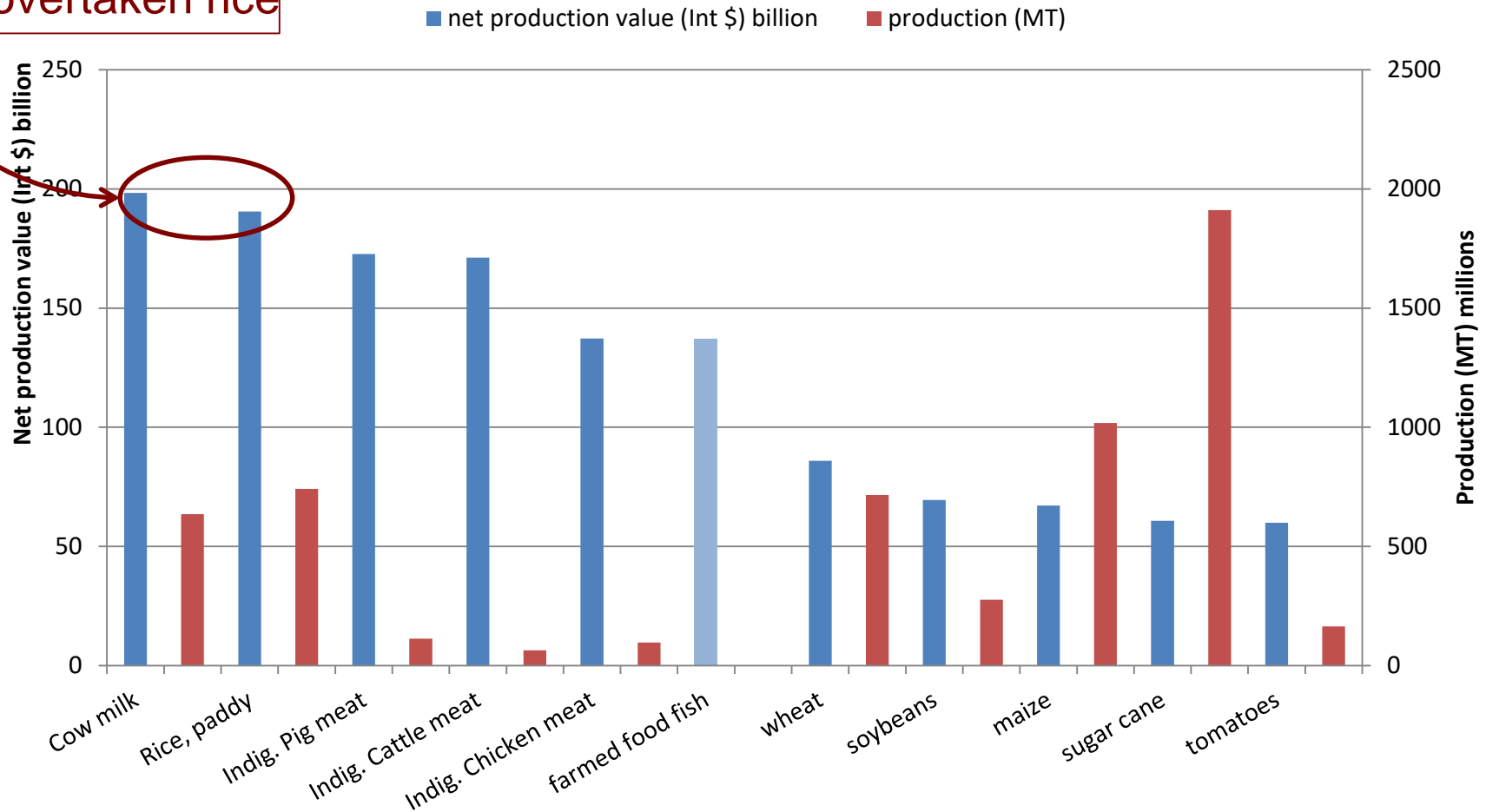




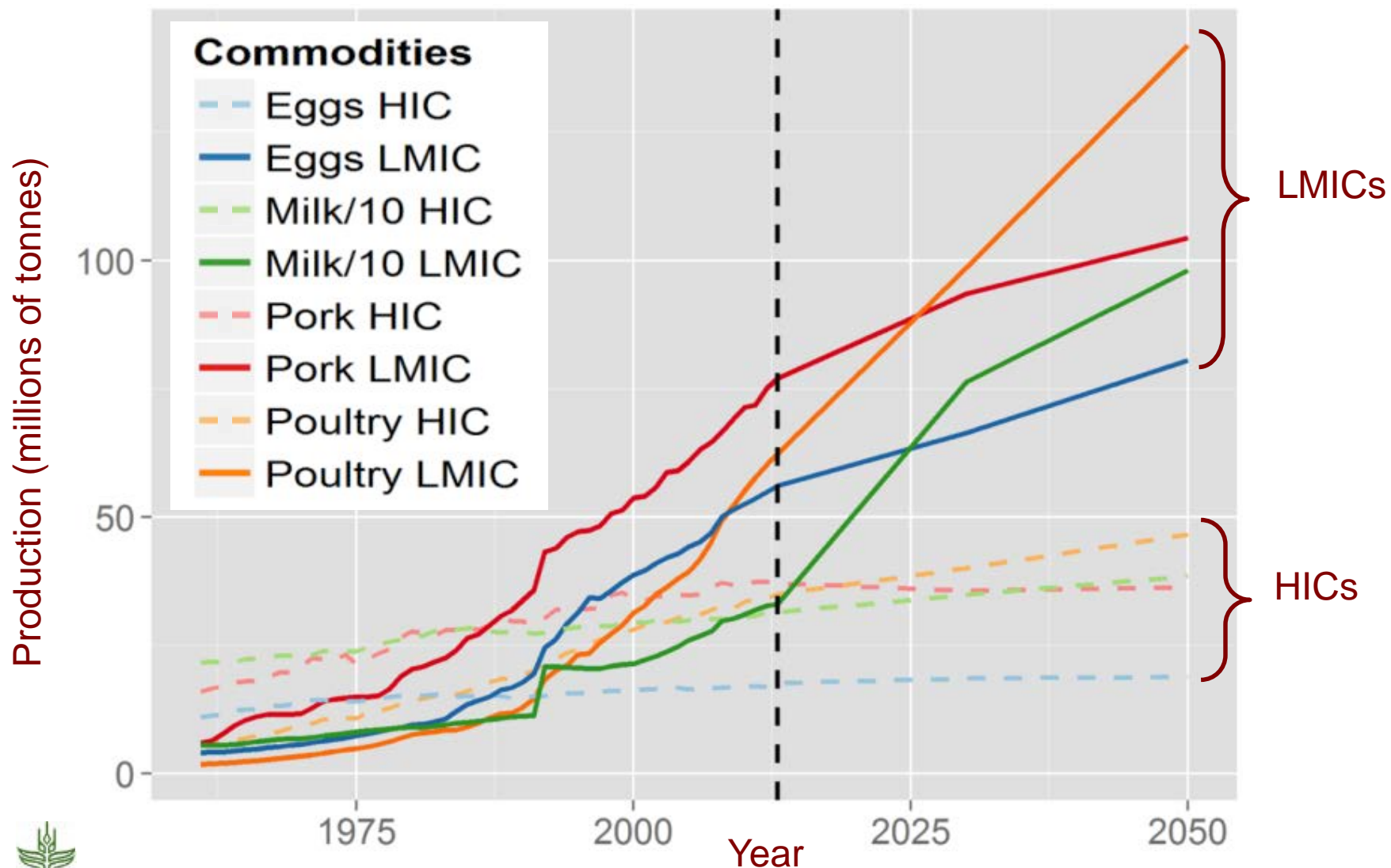
# Livestock and global food security

# Animal-source foods are valuable: 5 of 6 highest value global commodities (total value of these 5=US Int \$715

Cow milk has overtaken rice



# Demand for animal-source foods



# Smallholders still dominate livestock production in many countries

Region (definition of 'smallholder')	% production by smallholder livestock farms					
	Beef	Chicken meat	Sheep/goat meat	Milk	Pork	Eggs
<b>East Africa</b> (≤ 6 milking animals)				60-90		
<b>Bangladesh</b> (< 3ha land)	65	77	78	65		77
<b>India</b> (< 2ha land)	75	92	92	69		71
<b>Vietnam</b> (small scale)					80	
<b>Philippines</b> (backyard)		50			35	

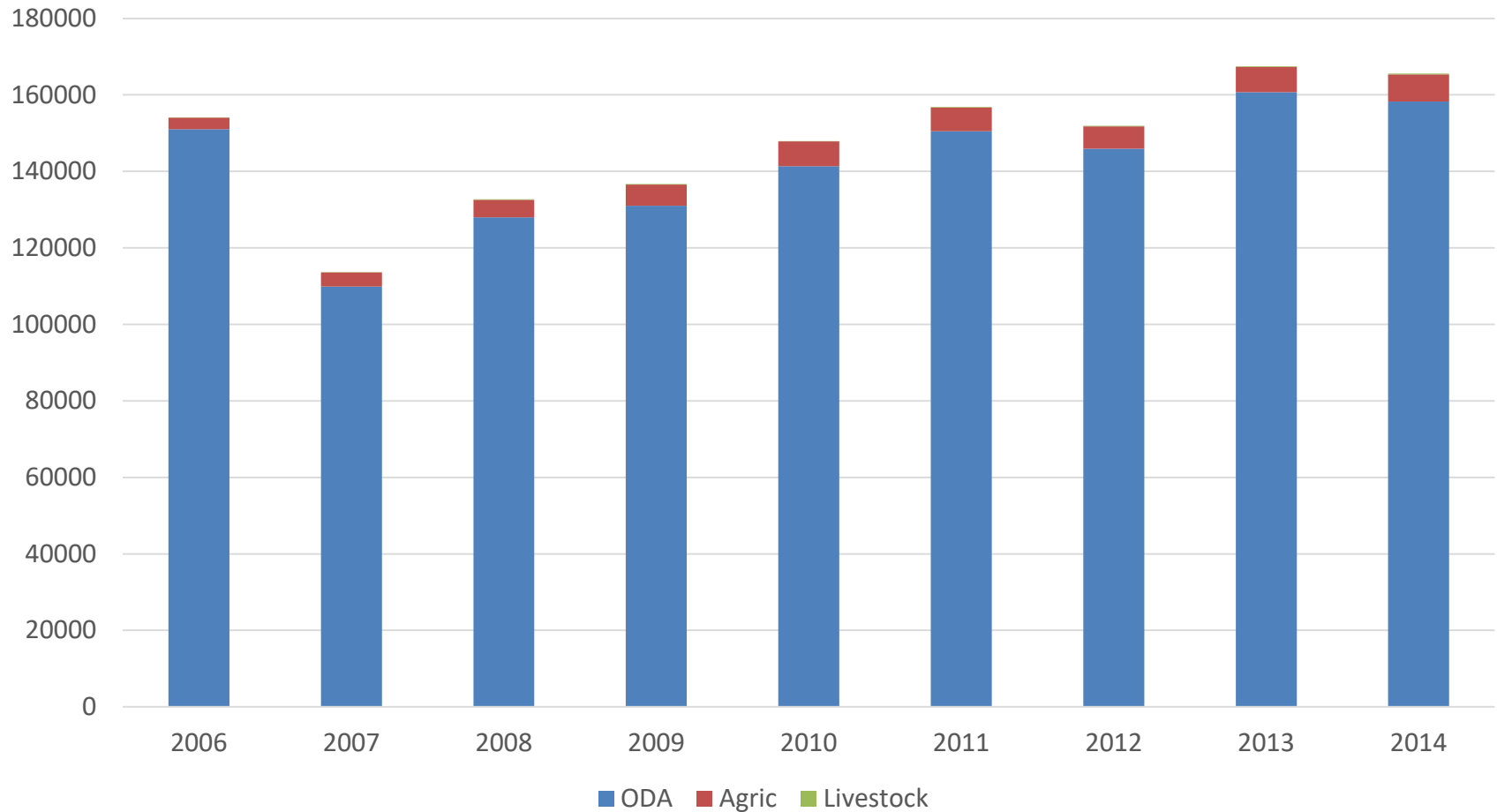


# Livestock: 40% of agricultural GDP and growing



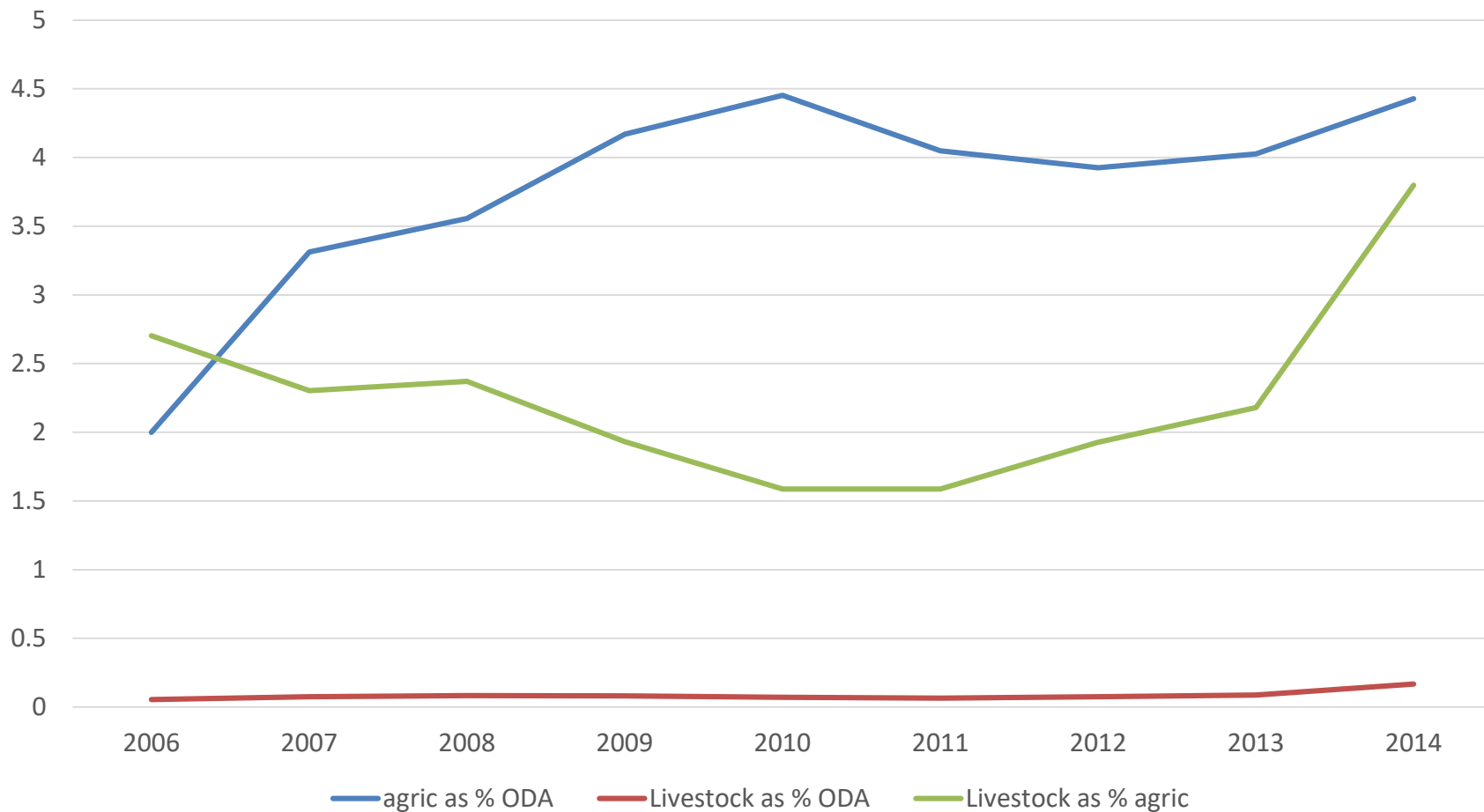


# Total ODA disbursements to developing countries, USD million





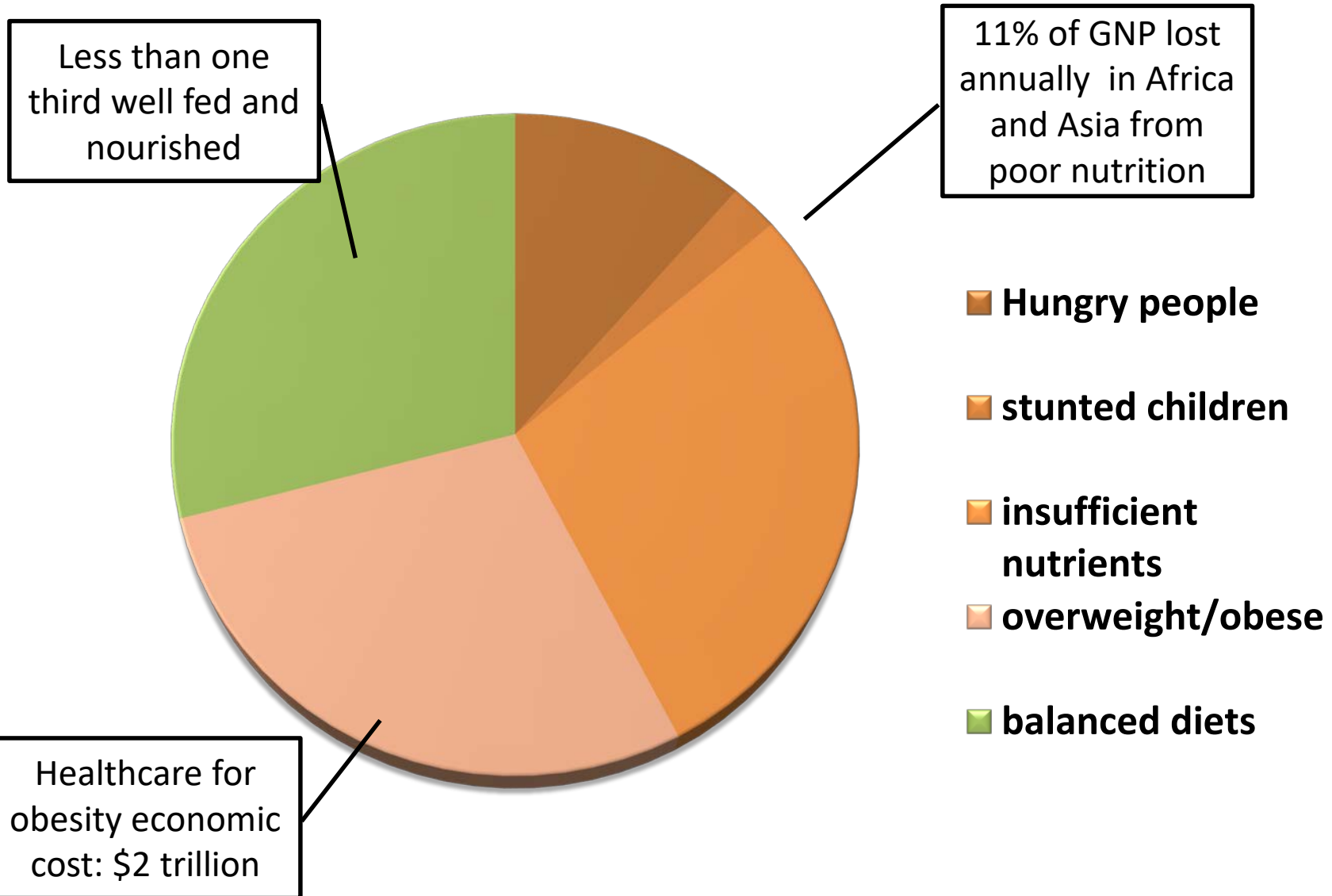
# Percentage of ODA disbursements for agriculture and livestock



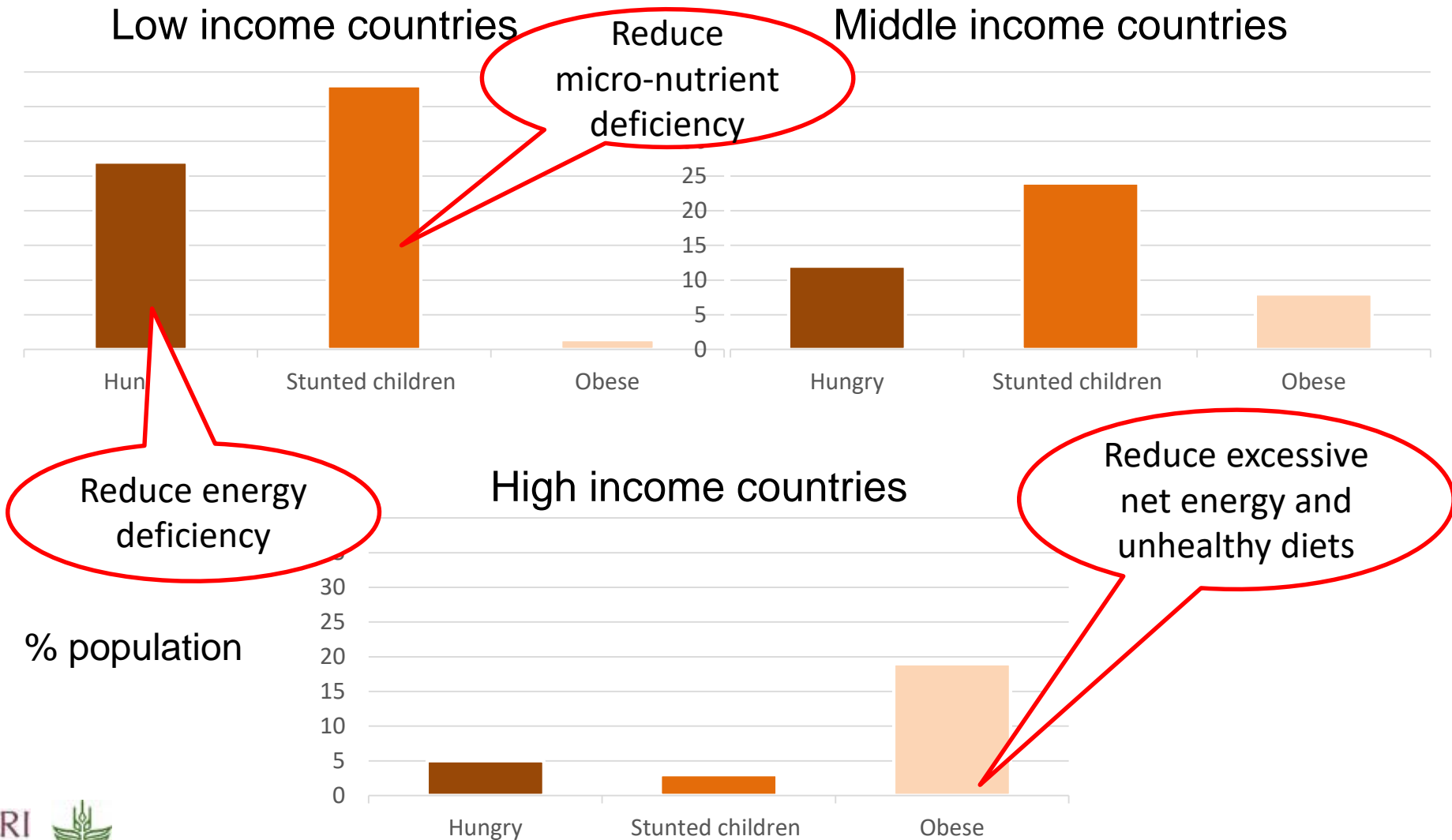


## Issues of food and nutrition security

# Nutritional divides among 7 billion people today



# Diverse nutritional status demands diverse solutions





# Food and nutrition security

Availability

Accessibility

Utilization

Stability

*'.....all people at all times have physical, social and economic access to safe and nutritious food that meets their dietary needs for an active and healthy life.....'*





## Multiple roles of livestock



# Food and nutrition security: Animal-source foods contribute to global food and nutrition

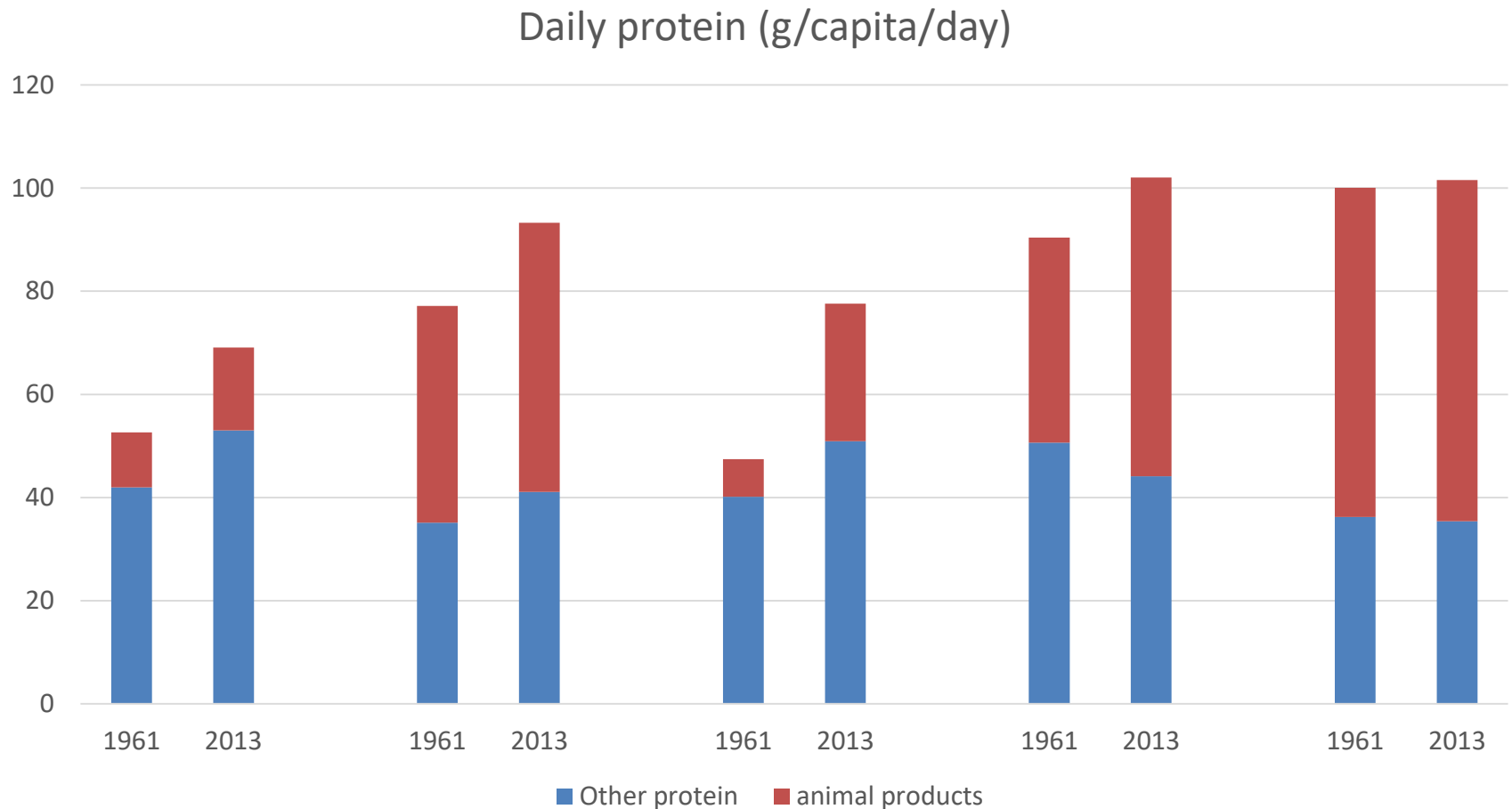


*Balanced  
nutrients*

*Enough food*

*Diet diversity*

# Animal products provide 40% of global daily protein supply (18% of total kcal)



Africa

Americas

Asia

Europe

Oceania

FAOSTAT Food Balance Sheet





# Balanced nutrition: The critical and unique role of animal-source foods

## Animal-source foods

- High density of macro- and micro-nutrients per 100 g
- Contain essential nutrients difficult or impossible (e.g. vitamin B12) to find in other foods
- Contain micronutrients in biological forms enabling easier uptake into the body (bioavailability)
- Better digestibility and biological value of proteins, with amino acid profile matching human needs
- Contain lower levels of anti-nutrient factors (i.e. compounds that interfere with absorption of nutrients)

## Hidden hunger (missing nutrients)

- E.g.: stunted children in Malawi lacked amino acids that are deficient in plant foods

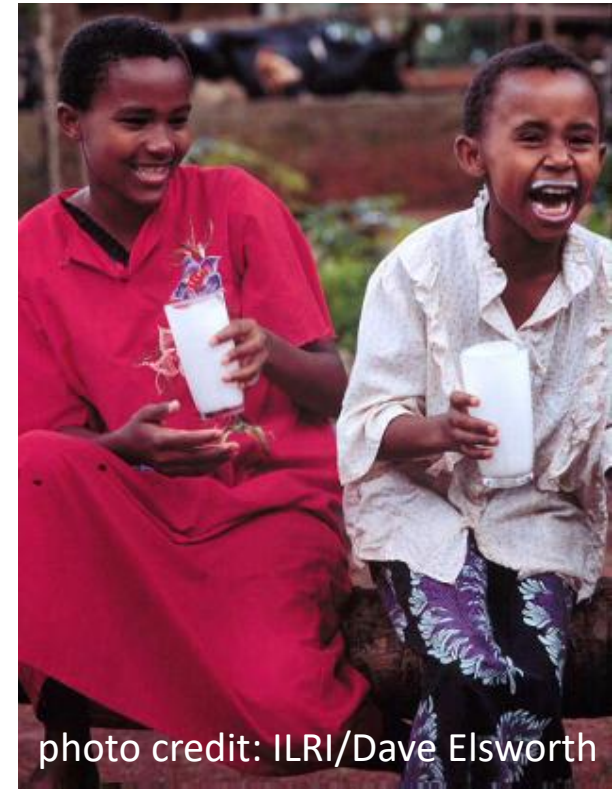


photo credit: ILRI/Dave Elsworth



# Livestock-derived foods enhance the nutrition of mothers & of infants in the first 1,000 days of life

**Milk:** improves children's growth, prevents stunting

**Meat:** improves long-term cognitive ability

**Livestock interventions improve**

- production, incomes, expenditure
- nutrient composition and diets
- nutritional outcomes in children and women

**Diseases associated with livestock-derived foods**

- Disproportionate burden for children under 5
- Pregnant women more vulnerable to foodborne diseases





# Evidence?

## In Ethiopia

- Cow ownership reduced stunting by 6-13%

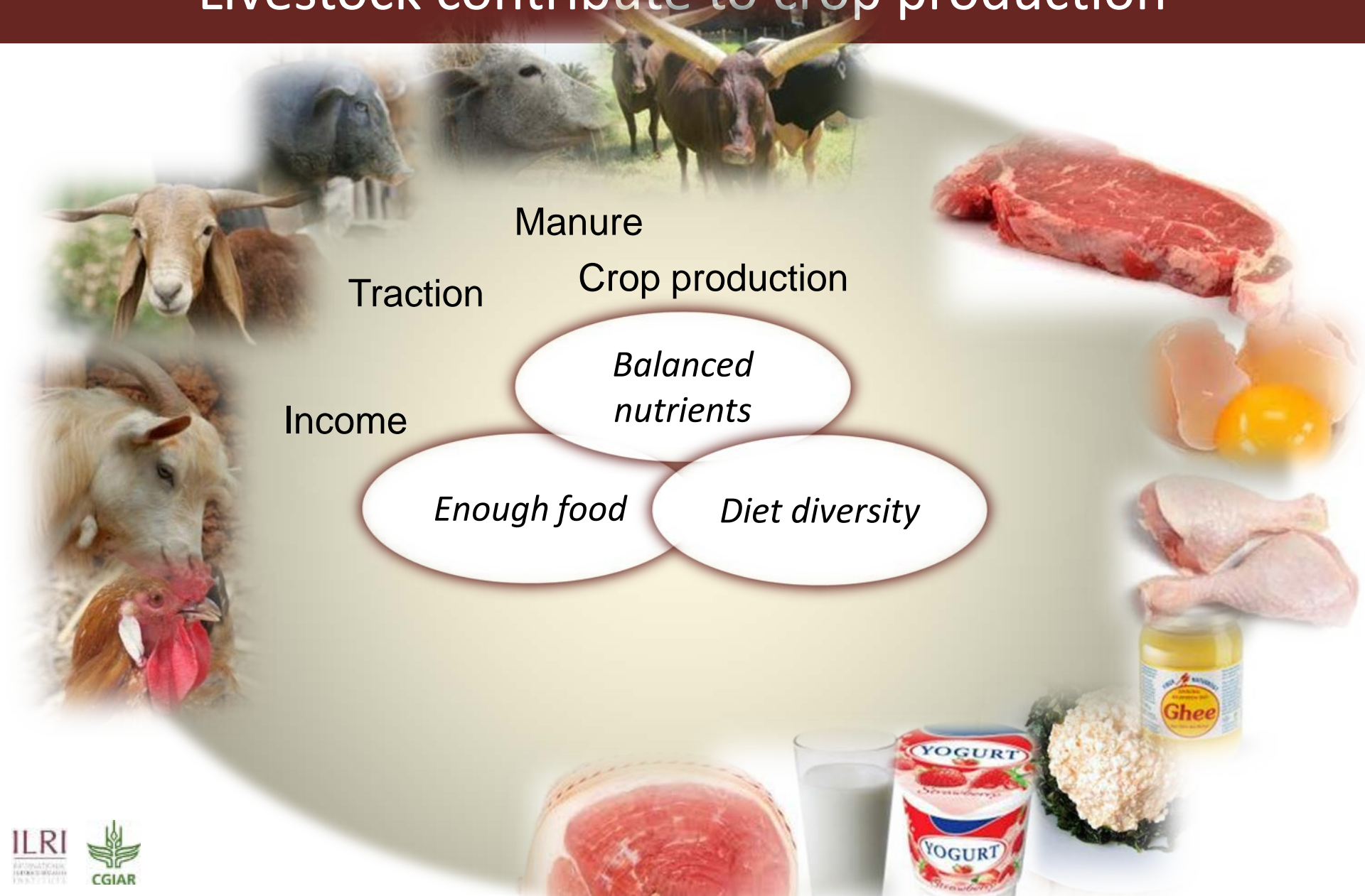
## In millennium development village clusters

- Households with livestock are more likely to consume animal-source foods
- Linking animal-source food consumption with anthropometric measures is complex and influenced by other variables



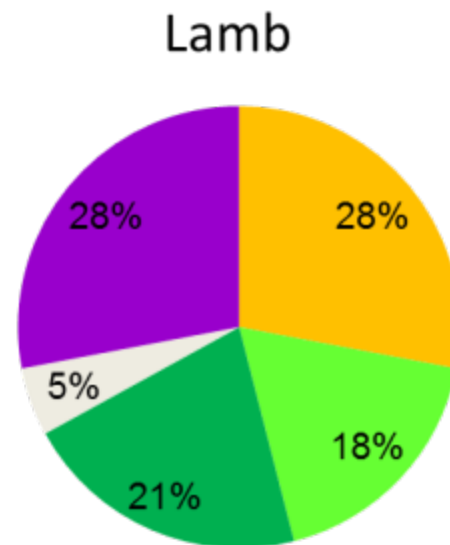
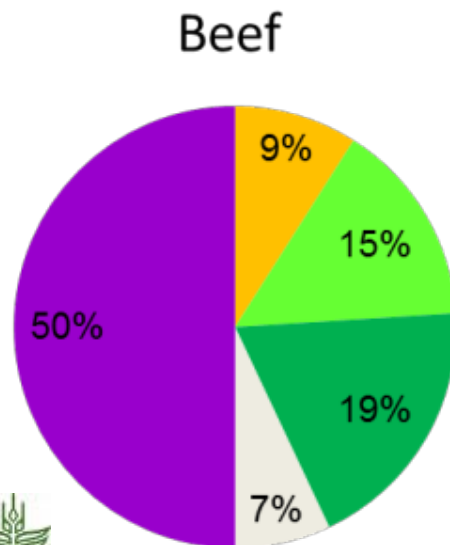
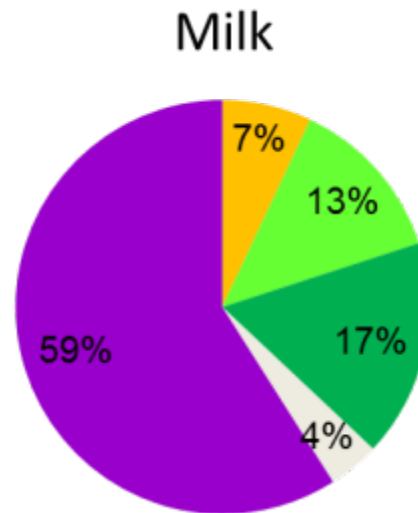
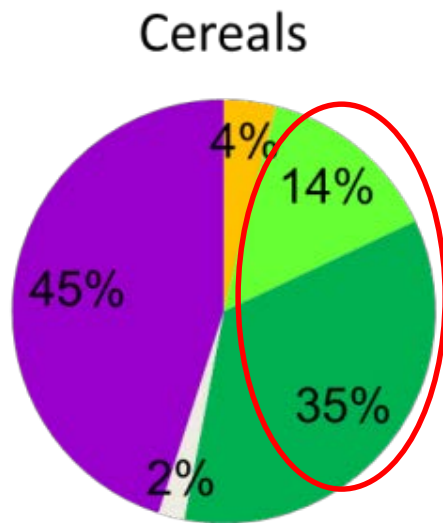
photo credit: ILRI/Apollo Habtamu

# Food and nutrition security: Livestock contribute to crop production





# At least half the cereals in the world can *only* be produced with animals in the farm system



Developing-country mixed crop-livestock systems, most of them smallholders, supply a large proportion of **cereal and livestock** products

- agro-pastoral
- mixed extensive
- mixed intensive
- other
- developed countries



Soil fertility: 23% of nitrogen for crop production in crop-livestock systems comes from manure



In Europe as much as 38% of the nitrogen inputs come from manure





# Animal traction remains essential for crop production, especially in Africa

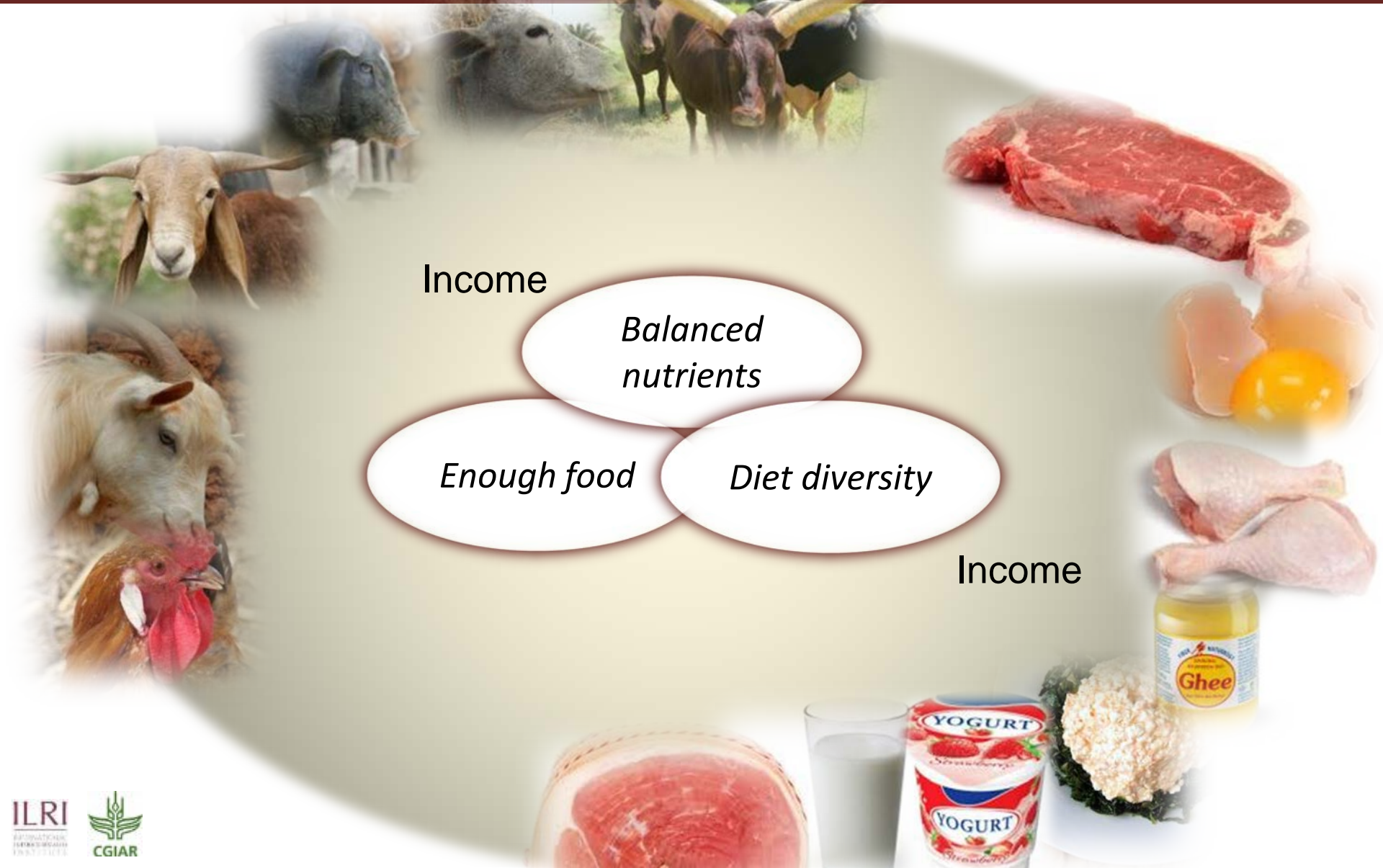
15% farms in southern Africa and 81% in northern Africa depend on traction for ploughing




7 million oxen are the main source of power for tilling soil in the Ethiopian highlands

# Food and nutrition security:

## Livestock provide income to purchase nutritious food







# Livestock generate income, some of which is spent on food

## Income—*value of meat, milk, eggs*

- Market value of animal-source foods in Africa in 2050 estimated as USD151 billion
- Milk and eggs provide a steady (daily) income stream

## Income—*employment*

- 700,000 employed in the dairy sector in Kenya
- Major opportunities for youth

## Income—*animals*

- Important to manage ‘lumpy’ expenditures (school and medical fees)
- Insurance against risks





# Income used for food (2015)

**Engel's law** (economics):

‘As income rises, the proportion of income spent on food falls, even if absolute expenditure on food rises.’

8 countries spent less than 10% of household income on food: Australia, Austria, Canada, Ireland, Singapore, Switzerland, UK, USA

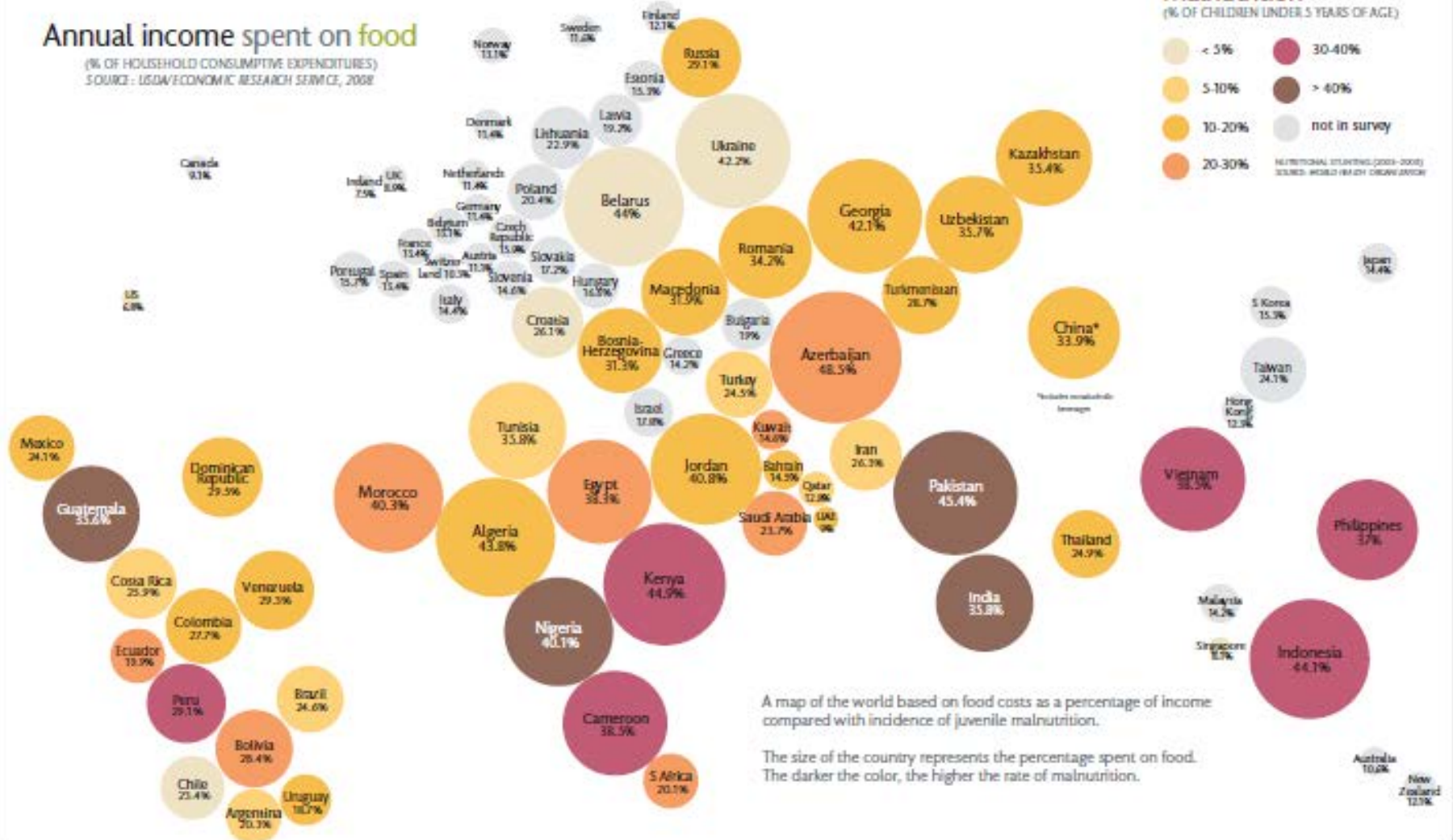
9 countries spent more than 40% of household income on food: Algeria, Azerbaijan, Cameroon, Guatemala, Kenya, Kazakhstan, Nigeria, Pakistan, Philippines

## Annual income spent on food

(% OF HOUSEHOLD CONSUMPTIVE EXPENDITURES)  
SOURCE: USDA/ECONOMIC RESEARCH SERVICE, 2008

## Malnutrition

(% OF CHILDREN UNDER 5 YEARS OF AGE)



A map of the world based on food costs as a percentage of income compared with incidence of juvenile malnutrition.

The size of the country represents the percentage spent on food. The darker the color, the higher the rate of malnutrition.



# Role of livestock in increasing income results in more diverse diets

Zambian households that received animals (via Heifer):

- Increased their dietary diversity via:
  - Direct consumption (1/3 more for dairy)
  - Increased expenditure on more food groups
- Decreased their poverty (from 78% to 59% below \$1.25/day for dairy cow recipients)
- Increased 'sense of security' and improvement in welfare

Beyond recipients

- Influence on local food markets (e.g. more affordable dairy)





Complexities  
and trade-offs  
for the future



# Today's producers: Tomorrow's enterprises

750 million smallholder livestock producers are diverse:

- 1/3 will find alternate livelihoods
- 1/3 may or may not remain
- 1/3 will succeed at market-oriented livestock livelihoods

Opportunities to respond to food and nutrition security

Smallholders to **smartholders**:

To thriving enterprises, part of a vibrant, productive and resilient food system . . . with particular opportunities for women and youth



photo credit: ILRI/ Camille Hanotte



# Competition for land and grains? Maybe not!

6 billion tonnes dry feed

Could be eaten by  
humans  
14%

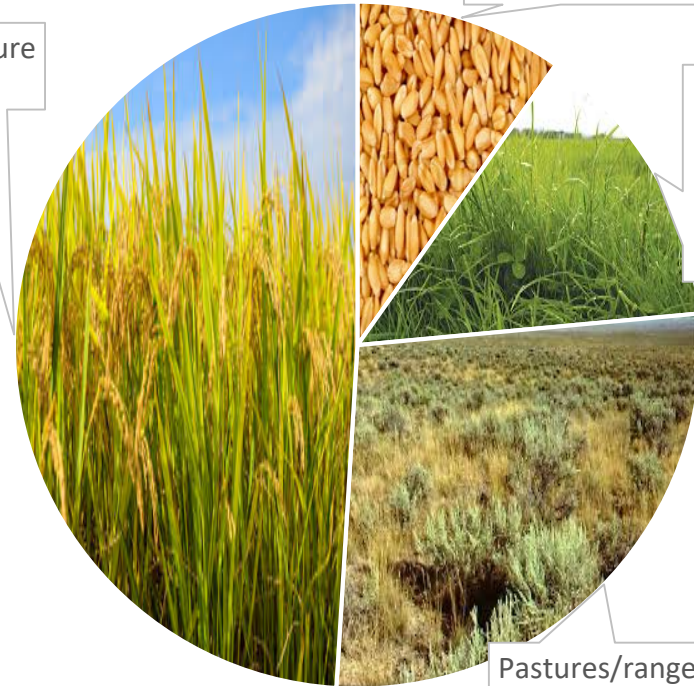


Inedible by humans  
86%

5 billion ha global agricultural area

Feed production  
10%

Crop agriculture  
49%



Grassland that  
could be  
converted for  
crops  
14%

Pastures/rangelands -  
not suitable for crops  
27%

Latest for 1 kg boneless meat:  
2.8kg human-edible food for ruminants  
3.2kg human-edible food for monogastrics

# Trade-offs and opportunities in responding to future demand

- Livestock contribute to GHG emissions but are also one of the key ways to reduce future emissions
- Livestock production is intimately linked to the environment
- Transforming markets present new opportunities for safe food

## 3 interlinked principles:

- Improve resource use efficiency
- Strengthen resilience
- Improve social equity/ responsibility outcomes



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*Animal scientist, Nobel Prize Laureate for Physiology or Medicine–1996*

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